

Wednesday, November 27, 2013

Skinner Releasing Master Class with Robert Davidson

Company: Movement Research
 Venue: Randy Warshaw Studio
 Location: New York, NY

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SRT facilitates an enhanced awareness of one's own physical self and creative spirit. SRT is an imagery based movement experience which reduced holding and tension while enhancing ease of movement and enhanced healing.

Movement Research
 115 Wooster St, 2F
 New York, NY, 10012
<http://www.movementresearch.org/classesworkshops/classdescriptions/#cw967>

Schedule
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