

April, 4-19, 2025

## Stay

Company: Ara Dance Project  
Venue: Wild Project  
Location: New York, NY

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Shreya Sahai

Ara Dance Project will present *Stay* as part of the 2025 New York City Fringe Festival with FRIGID New York at wild project (195 E 3rd St, New York, NY 10009). *Stay* is a showcase of contemporary dance from five NYC choreographers that invites us to linger in moments of delight, of meaning, of growth, even of difficulty—and to be transformed by them. This inspiring show will feature eight solo and group pieces interweaving music and spoken word with contemporary, ballet, and jazz dance styles to touch on themes of community, romance, family, loss, and resilience.

Tickets (\$25) are available for advance purchase at <https://tickets.frigid.nyc/event/6897:1101/>. The performance will run approximately 60 minutes.

Ara Dance Project illuminates the intersection of the human and the transcendent through the beauty of movement. Founded on the belief that art should inspire us to become more than what we are, we produce contemporary dance works that are poignant and compelling to a broad audience. What we present grows out of an atmosphere where dancers are encouraged to explore, to contribute, to laugh, to find healing, and to be human. We are a project-based company based in New York City.

Ara Dance Project  
195 E 3rd Street  
New York, NY, 10009  
<https://tickets.frigid.nyc/event/6897:1101/>

Schedule  
April 4, 2025: 9:50pm  
April 13, 2025: 7:00pm  
April 16, 2025: 8:10pm  
April 19, 2025: 5:20pm

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